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**Report on Awareness Program "Women Empowerment and Gender Equality"**

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**A Brief Report**  
on  
**Awareness Program**  
**Women Empowerment and Gender Equality**  
Organized by  
**Department of Environmental Science**  
In Collaboration with  
**Women Grievance Cell (Internal Complaints Committee)**  
**Eco-sync (University's Environmental Club)**

The **Department of Environmental Science** in collaboration with the Women's Grievance Cell (Internal Complaints Committee) and Eco-sync (University's Environmental Club) of Integral University, Lucknow has organized the Awareness Program on **Women Empowerment and Gender Equality** for the **fifth phase of Mission Shakti Abhiyan on 29<sup>th</sup> October 2024, Time 12:00pm** in online mode. Mission Shakti is a comprehensive and visionary initiative taken by the **Department of Higher Education, Government of Uttar Pradesh** that aims to empower women for safety, security, and self-reliance.

By raising awareness, establishing a secure environment, and providing workshops and training programs, the mission strives to transform women's lives and create an inclusive and empowered society. Through its multifaceted approach, Mission Shakti empowers women to take charge of their safety, pursue entrepreneurship, and gain the skills needed to thrive in various sectors. By addressing the specific challenges women face and providing them with the necessary support and opportunities, Mission Shakti paves the way for a more equal and inclusive society where women can fulfil their potential and contribute to the overall progress and development of the nation. The objectives of this program were to promote gender equality and empower women through various initiatives that enhance their social, economic, and political participation.

The Department took an initiative and organized two activities under this event.

1. **Slogan Writing competition** was organized for undergraduate/postgraduate students from different disciplines and Departments and research scholars to participate in the event. Twenty students participated and submitted their entries through google form. The competition saw enthusiastic participation, with many creative slogans highlighting the spirit of Mission Shakti. Following is the list of the best five slogans submitted by the students of Integral University.
  - a. Arisha Mahmood (Master of Education) M.Ed (II Year): **Empower Her, Empower the World.**
  - b. Sidra Fatima ([sidrabft@student.iul.ac.in](mailto:sidrabft@student.iul.ac.in)), Btech Food Technology (I Year): **Breaking Barriers, Shattering Chains: Empower women, ignite strength, Inspire change!**
  - c. Umar Jiddum Jidda Msc Environmental Science (Msc I Year) ([iddumjidd@student.iul.ac.in](mailto:iddumjidd@student.iul.ac.in)) **Knowledge in Her Hands, Change in Our World.**
  - d. Kajal Mishra M.Sc. Environmental Science, MSc (II Year) ([kajalmis@student.iul.ac.in](mailto:kajalmis@student.iul.ac.in)): **Girls with dreams become women with vision.**

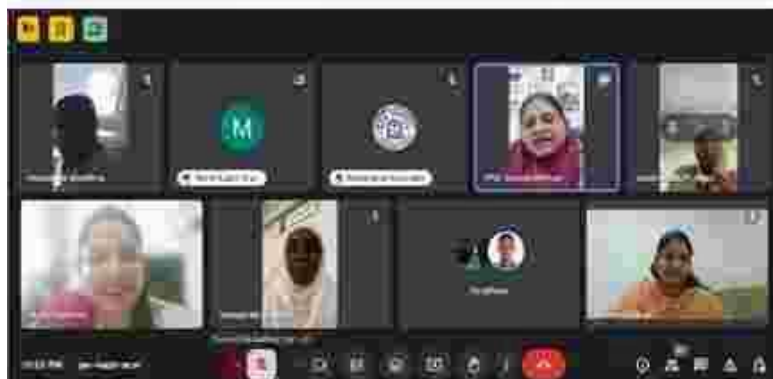
e. Aleena Fatima ([aleenafa@student.iul.ac.in](mailto:aleenafa@student.iul.ac.in)) Bsc (H) Biotechnology BSC (II Year): **An educated man can feed a family, but an educated woman can speed its growth**

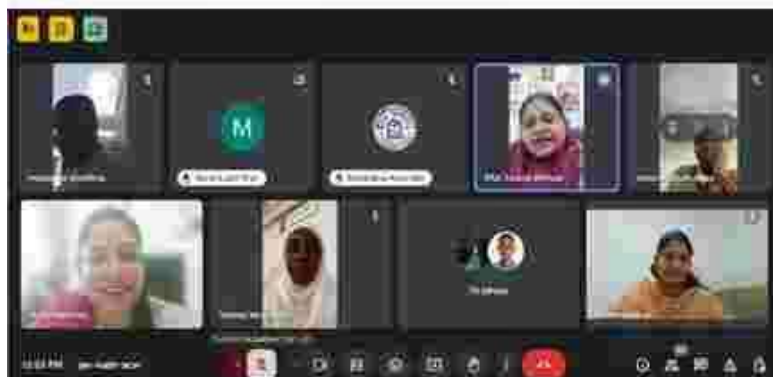
2. An **online awareness lecture** was organized through Google Meet for the students to increase awareness about women's empowerment and their safety. The distinguished guest speaker for the event was Dr. Kritika Agarwal, Faculty in Department of Journalism in the University of Lucknow. She is a famous academia, a YouTuber and ex-journalist in Asian News International and Times of India. She raised issues about women's safety and the benefits of empowering women through her inspiring presentation. She highlighted the objectives of Mission Shakti Abhiyan Phase 5, the importance of women's empowerment, steps to ensure women's safety and security, and community involvement and support systems. Participants expressed appreciation for the informative session. Many shared personal reflections and insights on how they could contribute to the mission in their communities.

The event successfully achieved its goal of raising awareness about Mission Shakti Abhiyan Phase 5 and fostering community engagement. **Dr. Ambrina Sardar Khan (Head, EVS & member ICC) AND Dr. Iffat Zarreen (Chairperson, Women Grievance/Harassment Cell)** has expressed their views on Mission Shakti stating a comprehensive initiative under Mission Shakti Abhiyan, emphasizing the importance of community involvement in promoting women's rights.

The program was successfully concluded under the supervision of Dr. Ambrina Sardar Khan (Program Convenor; Head of Department Environmental Science) and Faculty Coordinator, Dr. Azram Tahoor, Eco-sync Coordinator.

**Glimpses of online lecture:**





*With Deep Regards*

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*"We are not heading towards a bright & hi-tech future;*

*Instead, we are heading into a dark and suffocated EARTH.."*